



In gratitude, Bethel Lutheran Church amplifies God's grace, nourishes all creation, reaches out, and builds community.

- We are a Reconciling in Christ Congregation.
- Why a Public Church? To impact and enhance the community so that everyone feels a sense of love and belonging.



*The Syrophenician
Woman*

LENT 3: BROKEN AND BELOVED

MARCH 23, 2025

Bethel Lutheran Church, in-person and online
YouTube: @bethelmpls

LENT 3: BROKEN AND BELOVED

March 23, 2025, 10:00AM

We welcome to the Lord's Table all people, without exception, who desire to receive the blessings of Christ's body and blood in this sacramental meal of bread and wine. If you are online, please prepare your own table with bread, wine, and/or a treat for anyone not receiving communion.

Boldface font indicates congregational response.

Worship leaders will indicate when to stand and sit, as you are able.

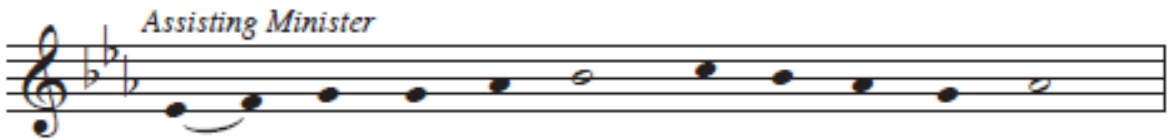
GATHERING

Gathering Music

"Adoro te Devote" by Anne Krentz Organ

Welcome and Announcements

Gathering



O ser - vants of God, let us sing our praise.



We bless your ho - ly name, O God.



From the ris - ing of the sun to its set - ting,



We bless your ho - ly name, O God.



You lift up the weak and hun - gry.



We bless your ho - ly name, O God.



And your glo - ry shines a - bove the heav - ens We



bless your ho-lyname, O God.

Greeting

On this day we raise our eyes and our voices to praise our God and thank God for the unconditional love that is ours through Jesus. We gather in the name of our Creator, our Savior, and our Advocate. **Amen.**

Confession and Forgiveness

Let us confess our sins to God and to one another.

(Time for silent reflection)

Gracious God, **we gather before you, acknowledging our human frailty and our need for your grace. We bring our full selves to you – in all our brokenness and beloved-ness, seeking your shalom. In this moment of confession, we bring our regrets, the actions we wish we could undo, the words we wish we could unsay. In your great mercy, Lord, forgive us. Heal**

**the wounds of our past mistakes and free us from the burden of regret.
Grant us the courage to seek reconciliation, and the wisdom to learn from our
past. Through Jesus Christ, our Lord. Amen.**

In the mercy of Almighty God, Father, Son, and Holy Spirit, Beloved Ones,
your sins are forgiven and the shalom of God is within you. **Amen.**

Opening Hymn ELW 742

"What a Friend We Have in Jesus"



1 What a friend we have in Je - sus, all our sins and griefs to bear!
2 Have we tri - als and temp - ta - tions? Is there trou - ble an - y - where?
3 Are we weak and heav - y - lad - en, cum - bered with a load of care?



What a priv - i - lege to car - ry ev - 'ry - thing to God in prayer!
We should nev - er be dis - cour - aged—take it to the Lord in prayer.
Pre - cious Sav - ior, still our ref - uge—take it to the Lord in prayer.



Oh, what peace we of - ten for - feit; oh, what need - less pain we bear—
Can we find a friend so faith - ful who will all our sor - row share?
Do your friends de - spise, for - sake you? Take it to the Lord in prayer.



all be - cause we do not car - ry ev - 'ry - thing to God in prayer!
Je - sus knows our ev - 'ry weak - ness—take it to the Lord in prayer.
In his arms he'll take and shield you; you will find a so - lace there.

Text: Joseph Scriven, 1820–1886
Music: CONVERSE, Charles C. Converse, 1832–1918

Prayer of the Day

Let us pray. Dear Jesus, **thank you for always loving us. Thank you for helping us when we are in need. Help us to bring our needs to you. Help us to be your hands and feet in the world -- helping others who are in need. In Jesus' name we pray. Amen.**

WORD

Lesson

Poem

Children's Message, then Sunday School

Children and the young at heart are invited to the front of the sanctuary.

Gospel Acclamation



We do not live by bread a -



lone, but by ev-'ry word that comes from your mouth, O



Je - sus Christ, Son of the liv - ing God.

Gospel

Mark 7:24-30

The Gospel according to Mark the seventh chapter. **Glory to you, O Lord.**

From there Jesus set out and went away to the region of Tyre. He entered a house and did not want anyone to know he was there. Yet Jesus could not escape notice; a woman whose little daughter had an unclean spirit immediately heard about him, and she came and bowed down at his feet. Now the woman was a Gentile, of Syrophenician origin. She begged Jesus to cast the demon out of her daughter. He said to her, "Let the children be fed first, for it is not fair to take the children's food and throw it to the dogs." But she answered, "Sir, even the dogs under the table eat the children's crumbs." Then Jesus said to her, "For saying that, you may go—the demon has left your daughter." And when she went home, she found the child lying on the bed and the demon gone.

The Gospel of the Lord. **Praise to you, O Christ.**

Sermon

Hymn of the Day LBW 93

"Jesus, Refuge of the Weary"



1 Je - sus, ref - uge of the wea - ry, blest re - deem - er, whom we love,
2 Do we pass that cross un - heed - ing, breath - ing no re - pen - tant vow,
3 Je - sus, may our hearts be burn - ing with more fer - vent love for you;



foun - tain in life's des - ert drea - ry, Sav - ior from the world a - bove:
though we see you wound - ed, bleed - ing, see your thorn - en - cir - cled brow?
may our eyes be ev - er turn - ing to be - hold your cross a - new;



of - ten have your eyes, of - fend - ed, gazed up - on the sin - ner's fall;
Yet your sin - less death has brought us life e - ter - nal, peace, and rest;
till in glo - ry, part - ed nev - er from the bless - ed Sav - ior's side,



yet up - on the cross ex - tend - ed, you have borne the pain of all.
on - ly what your grace has taught us calms the sin - ner's deep dis - tress.
grav-en in our hearts for - ev - er, dwell the cross, the Cru - ci - fied.

Text: Girolamo Savonarola, 1452–1498; tr. Jane F. Wilde, 1826–1896, alt.
Music: O DU LIEBE MEINER LIEBE, Hernhut, c. 1735

Prayer Updates

Prayers of the People

Gracious God, speak your word anew among your church. We pray for all those in need this day and always.

A brief silence.

Each petition ends with a response:

Lord, receive our prayer, **and in your love, answer.**

Receive the prayers of your people and draw all things together in your love, in the name of Jesus, who leads us from death to life. **Amen.**

Peace

The peace of Jesus is with you always. **And also with you.**

Offering

For checks and cash offerings, please place them in the offering plate at the back of the sanctuary. For members, if you are making a cash donation, place it in an envelope with your name on it. For online giving through PayPal scan the QR code.

*Online worshipers, please send checks directly to:
Bethel Lutheran 4120 17th Ave S, Mpls, MN 55407
Thank you for your generosity!*



Vocal Choir Anthem

“By the Waters of Babylon” by Phillip Hayes

Gathering of Gifts - Offering Prayer



1. The eyes of all look to
2. To all who hun - ger



you, O God, to give them life and food. You
you pro - vide the fruit of vine and field. From



o - pen wide your gra - cious hand and
these, your gifts, we set a - side a



grant them ev - 'ry good. With
por - tion for this meal, where



all cre - a - tion we pro - claim your
you draw near to those who cry, their



stead - fast love and glo - rious reign. We
heart's de - sire to sat - is - fy. We

Holy, Holy, Holy

All

Ho - ly, ho - ly, ho - ly Lord,
God of pow - er and might, heav - en and earth are
full of your glo - ry. Ho - san - na in the high - est.
Bless - ed is the One who comes, who
Bless - ed is he who comes in the name,
comes in the name of the Lord. Ho - san - na in the
high - est, ho - san - na in the high - est.

Words of Institution

For as often as we eat this bread and drink this cup, we proclaim the mystery of faith, that **Christ has died. Christ is risen. Christ will come again.**

Lord's Prayer

Gathered into one by the Holy Spirit, let us pray as Jesus taught us:

Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial and deliver us from evil. For the kingdom, the power, and the glory are yours, now and forever. Amen.

Invitation to Communion

Lamb of God



Lamb of God, you take a-way the sin of the



world; have mer-cy on us, have mer-cy on us.



world; grant us peace, grant us peace.

Communion Hymn ELW 479

"We Come to the Hungry Feast"



1 We come to the hun - gry feast hun - gry for a word of peace.
2 We come to the hun - gry feast hun - gry for a world re - leased
3 We come to the hun - gry feast hun - gry that the hun - ger cease,



To hun - gry hearts un - sat - is - fied the love of God is
from hun - gry folk of ev - 'ry kind, the poor in bod - y,
and know - ing, though we eat our fill, the hun - ger will stay



not de - nied. We come, we come to the hun - gry feast.
poor in mind. We come, we come to the hun - gry feast.
with us; still we come, we come to the hun - gry feast.

Text: Ray Makeever, b. 1943
Music: HUNGRY FEAST, Ray Makeever
Text and music © 1982 Ray Makeever, admin. Augsburg Fortress.

Communion Hymn ELW 477

"I Received the Living God"

Refrain



I re - ceived the liv - ing God, and my heart is full of joy.



I re - ceived the liv - ing God, and my heart is full of joy.



- 1 Je-sus said: I am the bread, knead-ed long to give you life;
- 2 Je-sus said: I am the way, and my Fa - ther longs for you;
- 3 Je-sus said: I am the truth; come and fol - low close to me.
- 4 Je-sus said: I am the life, far from whom no thing can grow,



you who will par-take of me need not ev - er fear to die.
so I come to bring you home to be one with us a - new.
You will know me in your heart, and my word shall make you free.
but re - ceive this liv - ing bread, and my Spir - it you shall know.

Text: Anonymous
Music: LIVING GOD, Anonymous

Post Communion Blessing

The body and blood of our Lord Jesus Christ strengthens you in faith, holds you in God's grace, forgives your sins, and empowers you to love all others.

Amen.

Post Communion Prayer

Let us pray. Generous Host, **you have shared your feast with us and made us new. Send us now to set tables of love and grace in our communities, that your liberating love might nourish the world into freedom, in the name of the crucified one, Jesus Christ our Lord. Amen.**

SENDING

Benediction

Broken and Beloved, hear this truth. God our tender parent, God the crucified one, and God the reconciling Spirit blesses you now and forever.

Amen.

Sending Hymn W&P 97

"May You Run and Not Be Weary"

May you run and not be wea - ry. May your
heart be filled with song. And may the
love of God con - tin - ue to
give you hope and keep you strong. And may you
run and not be wea - ry. May your
life be filled with joy. And may the
road you trav - el al - ways lead you home.

Text: Handt Hanson
Music: JOURNEY BLESSING, Handt Hanson

Dismissal

Go in peace to love and serve the Lord, and believe in the truth. **Thanks be to God.**

Sending Music

“Jesus, Still Lead On” by Valerie A Floeter

Ministers:	All Believers	Musicians:	Anne Phillips, Bethel Vocal Choir
Presiding Minister:	Rev. Brenda Froisland	Sacristy:	Marilyn Newborg
Assisting Minister:	Susan Johnson	Ushers:	Dave Krogh and Norris Lovstuen
Lector:	Dan Hauge	Live Streaming:	Gene Rodi and Ted Allison
Cantor:	Sarah Berke	Hospitality:	Janet Anderson
Music Director:	Bernie Asher	Altar Guild:	Sharon Rodi and Joyce Hughes

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this week at

BETHEL

MONDAY

*6:00-8:00 pm Open Gym
7:00-8:00 pm Bethel Bell Choir*

WEDNESDAY

*12:00-1:00 pm Bible Study
5:30-7:00 pm Soup and Worship
6:00-8:00 pm Open Gym
7:00-8:00 pm Bethel Choir*

SUNDAY

*10:00-11:00 am Worship
10:15-10:45 am Sunday School
11:00 am Fellowship*

ALL MONTH:

The Largest Grassroots Food Drive in Minnesota. Bring food items to Bethel all month.

PRAYER list...

PRAY FOR BETHEL MEMBERS

Anna Olsen	Karen McBride
Jerry Johnson	Sharon Phillips
Darlene Olson	Laurel Jorgensen
Leonard Phillips	Kevin Hoover
Gert Carlson	Gloria Condon
Jan Walker	Hundt Family
David and Sue	Puckett Family
Dorumsgaard Ayers	Doris Christianson
Larissa Hoover	Darrell Dahl
Libby and Dave Krogh	Walker Family
Warwick Family	Cannon Family
Pikkarainen Family	

MORE PEOPLE OF GOD

- USAID workers around the world
- Victims of natural and human disasters
- People of Ukraine, Israeli Citizens, and Palestinians in Gaza
- All of us regarding COVID, RSV, Flu, Mpox
- Black, Brown, Indigenous, and Asian Lives
- People without homes
- Refugees, Migrants and Asylum Seekers
- People dying due to gun violence

MEMBERS, RELATIVES AND FRIENDS IN THE SERVICE

Katrel Bishop (Pr B's nephew)
Adam Froisland (Pr B's nephew)
Evan Harrison (Pr B's great nephew)

PRAY FOR OUR RELATIVES AND FRIENDS

The Family of Jon Scott (Kelly C's friend)
Marcus (Froisland Family friend)
The Family of Kay Saunders (Barb's sister-in-law)
Amber (Kelly Chilver's friend)
Zach (Barb and Bob Wandberg's grandson)
Julian (Jan Walker's friend)
Kevin and Sue Johnson (Les' brother and sister-in-law)
Beth (Dan Hauge's sister)
Kristian (Pr B's friend)
Jane (Ann Allison's sister)
Kathy (Krogh Family friend)
Steve (Pr B's brother)
Michael (Marilyn Newborg's brother)
Donovan (Angel Cannon's father)
Ian (Pr B's friend)
Laura (Sue Dorumsgaard Ayers' friend)
Rita (Sharon Phillip's friend)
Calvin (Angel Cannon's godfather)
Laura (Lisa Chovan Spence's sister)
Wayne (Karen Warwick's dad)
Trent and Michelle (Norma's Family)
Darlene (Jeff Alberts' mom)
Susan (Mike Condon's sister)
John (Kathy Hundt's brother-in-law)
Andrea (Mona Falk's daughter)

BETHEL'S MISSION PARTNERS

- ◆ Bancroft Neighborhood Association
- ◆ Bread of Life Deaf Lutheran Church (BOLD)
- ◆ ReconcilingWorks
- ◆ Casa de Oracion - Pentecostal
- ◆ Mpls Area Synod
- ◆ Nokomis Healthy Seniors
- ◆ CANMN