



Volume 90

Number 7

July 2026

PASTOR'S PONDERINGS

Mahalo a ke Akua i ko'a ohana o ka manaoio. Blessings from God, dear family of faith.

I hope this new version of the Herald finds you doing well. We thought we would try something new during the summer and ask you what you really like and need from our monthly newsletter. This month we have created a shorter newsletter which works on providing our ministry schedules, prayer lists, regular schedules, and birthdays/anniversaries. Please place on your calendars what you may want to participate in and give us some feedback on this Herald.

To be honest, we want to know what or if

people read the newsletter. By streamlining what folks really need, we can make this monthly task less time-consuming and still provide needed information. We want to hear back from you.

So write or call or email us, and let us know what you think:

- what is most helpful for the newsletter,
- what do you need to know, and
- what do you think of this change we are trying out.

Be honest, otherwise we do not know how to move forward. Finally, we need to hear from everyone who reads this so the whole group decides, not just a few.

Thank you, in advance, for your feedback. *Mahalo nui.*



With you, for Jesus,

Pastor Brenda

HERALD NEWSLETTER SURVEY



We'd love to hear your feedback! You can complete the Herald Newsletter Survey by using the QR code or getting a printed copy from the office. Printed copies will be available Sundays at the usher table. You can also contact the office to have a copy sent to you by mail or email.

PRAYER

list...

PRAY FOR BETHEL MEM-

Alice Evenson	Laurel Jorgensen
Anna Wohnoutka	Gloria Condon
Mike Wohnoutka	Hundt Family
Stella Warwick	Puckett Family
Christopher Rodi	Darrell Dahl
Dave and Libby Krogh	Walker Family
Barb Saunders	Warwick Family
Hoover Family	Pikkarainen Family
Leonard Phillips	Gert Carlson
David and Sue	Joyce Hughes
Dorumsgaard Ayers	

MORE PEOPLE OF GOD

- People struggling with mental illness and their loved ones
- Victims of natural and human disasters
- People of Ukraine, Israeli Citizens, Iranian Citizens, and Palestinians in Gaza
- All of us regarding COVID, RSV, Flu, Mpox
- Black, Brown, Indigenous, and Asian Lives
- People without homes
- Refugees, Migrants and Asylum Seekers

MEMBERS, RELATIVES AND FRIENDS IN THE SERVICE

Katrel Bishop (Pr B's nephew)
Adam Froisland (Pr B's nephew)

PRAY FOR OUR RELATIVES AND FRIENDS

Kris Hayes (Ann Allison's sister)
Marvin (Bryan Mann-Entzel's father)
Virginia (Jerry Johnson's mom)
Bill (Barb Wandberg's brother)
Lennon (Cole and Bryan's niece)
Beth (Dan Hauge's sister)
Andrea and Sage (Candy Hickenbotham's family)
Ethylmae Ross (Gloria Condon's aunt)
Ian (Pr B's friend)
Eric (Pr B's and Mary's family friend)
Julian (Jan Walker's friend)
Kristian (Pr B's friend)
Steve (Pr B's brother)
Michael (Marilyn Newborg's brother)
Donovan (Angel Cannon's father)
Rita (Sharon Phillips' friend)
Calvin (Angel Cannon's godfather)
Wayne (Karen Warwick's dad)
Trent and Michelle (Norma's family)
Darlene (Jeff Alberts' mom)
Susan (Mike Condon's sister)
John (Kathy Hundt's brother-in-law)

BETHEL'S MISSION PARTNERS

❖ReconcilingWorks ❖Casa de Oracion - Pentecostal
❖Mpls Area Synod ❖Nokomis Healthy Seniors ❖CANMN
❖Iglesia Evangelica Luz Alas Naciones ❖Iglesia Evangelica La Voz de Dios
❖Bancroft Neighborhood Association ❖Bread of Life Deaf Lutheran Church (BOLD)

You can now submit a Prayer Request on our website.
Please visit bethel-mpls.org and scroll towards the bottom
of our main page to locate the form.

For additions or revisions to the Prayer List, please contact
Pastor Brenda: pastor@bethel-mpls.org
or the Office: office@bethel-mpls.org
(612) 724-3693

GRANTS UPDATE

HELLO EVERYONE,

Happy July! I hope everyone is having a great summer so far! My name is Kathryn Lewis, and I am the interim Grant and Office Manager this summer. I look forward to getting to know you all!

We have a Community Fun Night coming up on July 16th! There will be a hot dog grill-out at 5:30pm and dance lessons starting at 6:15pm. We hope you can join us, and invite your friends! This event is possible due to funding from our Thrivent Action Team Grants. Please let Regan know if you would be interested in supporting future community events by joining our Thrivent Action Team!

Grants have helped support many of our connections to our neighborhood and community. Bethel's Little Free Pantry continues to be supported by grants and donations from our amazing community members, and we are incredibly grateful for your support in feeding our neighbors. Our Imagination Grant in partnership with BOLD Church allowed us to provide ASL Interpreting Services for planning our 2026 Day Camp.

We also will have our receipt collection box at the Kowalski's on 56th and Chicago until the end of July, so make sure to keep an eye out and drop your receipt in the box next time you're shopping there. At the end of the quarter, Kowalski's will make a donation to several nonprofit organizations in the area, and the portion of this donation that goes to Bethel will be determined by how many receipt-votes we have in our box!



Have a great July!

Kathryn Lewis

Grant and Office Manager Intern



BETHEL LUTHERAN CHURCH

Scholarships
APPLICATIONS

Bethel wants to encourage and support those who are seeking higher education.

Applications for the 2026-2027 school year are due on August 5, 2026.

Applications can be found on our website: bethel-mpls.org/education
Applicants must be entering their second year of post-high-school study.

For more information on our scholarship program or to apply, please contact the office:
612-724-3693 or bethel@bethel-mpls.org

Apply Now!



MINISTRY CALENDAR

Sunday	Monday	Tuesday	Wednesday
28 10:00am Bethel Worship 11:00am Fellowship Time 1:00pm Pentecostal Casa Worship 5:30pm Minneapolis Jo 6:00pm La Voz de Dios 7:00pm A Holy Experiment 7:00pm El Nuevo Despertar AA	29 Bethel Office Closed Waxing--Office Hallway 7:00pm Bridge to Shore AA 7:00pm El Nuevo Despertar AA	30 7:00am AA Meditation 9:30am NHS Coffee Time and Cribbage 9:30am OA HOW Meeting 10:00am NHS Exercise 10:00am Staff Meeting 5:30pm Minneapolis Jo 6:00pm Luz Alas Naciones 6:30pm Scout Troop 38 7:00pm El Nuevo Despertar AA 7:00pm Pentecostal Casa Music	1 9:30am Ensemble Music 10:00am NHS Women's Art Group 10:00am NHS Yoga 12:00pm Hybrid Bible Study 6:00pm La Voz de Dios 6:00pm Luz Alas Naciones 6:30pm Continuous Action AA 7:00pm El Nuevo Despertar AA
5 10:00am Bethel Worship 11:00am Fellowship Time 1:00pm Pentecostal Casa Worship 5:30pm Minneapolis Jo 6:00pm La Voz de Dios 7:00pm El Nuevo Despertar AA	6 Bethel Office Closed 3:00am CANMN Intake 7:00pm Bridge to Shore AA 7:00pm El Nuevo Despertar AA	7 7:00am AA Meditation 9:30am NHS Coffee Time and Cribbage 9:30am OA HOW Meeting 10:00am NHS Exercise 10:00am Staff Meeting 5:30pm Minneapolis Jo 6:00pm Luz Alas Naciones 6:30pm Scout Troop 38 7:00pm El Nuevo Despertar AA 7:00pm Pentecostal Casa Music	8 10:00am NHS Women's Art Group 10:00am NHS Yoga 12:00pm Hybrid Bible Study 6:00pm La Voz de Dios 6:00pm Luz Alas Naciones 6:30pm Beer and the Bible at 1 6:30pm Continuous Action AA 7:00pm El Nuevo Despertar AA
12 10:00am Bethel Worship 11:00am Fellowship Time 1:00pm Pentecostal Casa Worship 5:30pm Minneapolis Jo 6:00pm La Voz de Dios 7:00pm A Holy Experiment - Atonement 7:00pm El Nuevo Despertar AA	13 Bethel Office Closed 7:00pm Bridge to Shore AA 7:00pm El Nuevo Despertar AA 7:00pm Troop 38 Committee Meeting 8:00pm Bridge to Shore AA - Meeting	14 7:00am AA Meditation 9:30am NHS Coffee Time and Cribbage 9:30am OA HOW Meeting 9:30am Operation Love Quilters 10:00am NHS Exercise 10:00am Staff Meeting 1:00pm NHS Grief Support Group 5:30pm Minneapolis Jo 6:00pm Luz Alas Naciones 6:30pm Scout Troop 38 7:00pm El Nuevo Despertar AA 7:00pm Pentecostal Casa Music	15 10:00am NHS Women's Art Group 10:00am NHS Yoga 12:00pm Hybrid Bible Study 6:00pm La Voz de Dios 6:00pm Luz Alas Naciones 6:30pm Continuous Action AA 7:00pm El Nuevo Despertar AA 7:30pm Continuous Action Learning
19 10:00am Bethel Worship 11:00am Fellowship Time 1:00pm Pentecostal Casa Worship 5:30pm Minneapolis Jo 6:00pm La Voz de Dios 7:00pm A Holy Experiment - Bethel 7:00pm El Nuevo Despertar AA	20 Bethel Office Closed 10:00am CANMN Intake 2:30pm Feasibility Study Team 7:00pm Bridge to Shore AA 7:00pm El Nuevo Despertar AA	21 7:00am AA Meditation 9:30am NHS Coffee Time and Cribbage 9:30am OA HOW Meeting 10:00am NHS Exercise 10:00am Staff Meeting 4:00pm NHS Board Meeting 5:30pm Minneapolis Jo 6:00pm Luz Alas Naciones 6:30pm Mission Council 6:30pm Scout Troop 38 7:00pm El Nuevo Despertar AA 7:00pm Pentecostal Casa Music	22 10:00am NHS Women's Art Group 10:00am NHS Yoga 12:00pm Hybrid Bible Study 5:00pm BNA Ice Cream Social 6:00pm La Voz de Dios 6:00pm Luz Alas Naciones 6:30pm Beer and the Bible at 1 6:30pm Continuous Action AA 7:00pm El Nuevo Despertar AA
26 10:00am Bethel Worship 11:00am Fellowship Time 1:00pm Pentecostal Casa Worship 5:30pm Minneapolis Jo 6:00pm La Voz de Dios 7:00pm El Nuevo Despertar AA	27 Bethel Office Closed 8:30am Art Camp 2.0 --Erin & Judy 7:00pm Bridge to Shore AA 7:00pm El Nuevo Despertar AA	28 7:00am AA Meditation 8:30am Art Camp 2.0 --Erin & Judy 9:30am NHS Coffee Time and Cribbage 9:30am OA HOW Meeting 10:00am NHS Exercise 10:00am Staff Meeting 5:30pm Minneapolis Jo 6:00pm Luz Alas Naciones 6:30pm Scout Troop 38 7:00pm El Nuevo Despertar AA 7:00pm Pentecostal Casa Music	29 8:30am Art Camp 2.0 --Erin & Judy 10:00am NHS Women's Art Group 10:00am NHS Yoga 12:00pm Hybrid Bible Study 6:00pm La Voz de Dios 6:00pm Luz Alas Naciones 6:30pm Continuous Action AA 7:00pm El Nuevo Despertar AA

DAR — JULY 2026

Monday		Thursday		Friday		Saturday	
Group		2 9:00am NHS Foot Care 9:30am NHS Nurse Is In/Blood Pressure 10:00am NHS Exercise 11:00am NHS Senior Discussion Group 11:30am CANMN Set-up 5:00pm CANMN Distribution 7:00pm El Nuevo Despertar AA 7:00pm Up the Creek AA 7:30pm CANMN Distribution Clean-up 8:00pm Up the Creek AA Meeting		3 Bethel Closed 6:00pm La Voz de Dios 6:00pm Pentecostal Casa Worship 7:00pm El Nuevo Despertar AA		4 INDEPENDENCE DAY 9:00am AA Amigos 9:00am CANMN Deliveries 6:00pm Luz Alas Naciones 7:00pm El Nuevo Despertar AA 	
Group Buster's 		9 9:30am NHS Nurse Is In/Blood Pressure 10:00am NHS Exercise 11:15am NHS Lunch and Movie 11:30am CANMN Set-up 5:00pm CANMN Distribution 5:30 Community Fun Night 5:45pm BNA Board Meeting 7:00pm El Nuevo Despertar AA 7:00pm Up the Creek AA 7:30pm CANMN Distribution Clean-up 		10 6:00pm La Voz de Dios 6:00pm Pentecostal Casa Worship 7:00pm El Nuevo Despertar AA		11 9:00am AA Amigos 9:00am CANMN Deliveries 6:00pm Luz Alas Naciones 7:00pm El Nuevo Despertar AA	
Group Worship Meeting		16 9:30am NHS Nurse Is In/Blood Pressure 10:00am NHS Exercise 11:00am NHS Support As We Age 11:30am CANMN Set-up 12:00pm NHS - Caregiver Happy Hour 5:00pm CANMN Distribution 7:00pm Board of Administrators 7:00pm El Nuevo Despertar AA 7:00pm Up the Creek AA 7:30pm CANMN Distribution Clean-up		17 6:00pm La Voz de Dios 6:00pm Pentecostal Casa Worship 7:00pm El Nuevo Despertar AA Herald Deadline 12:00pm		18 9:00am AA Amigos 9:00am CANMN Deliveries 10:30am Vendor Fair--Maria Guzman 6:00pm Luz Alas Naciones 7:00pm El Nuevo Despertar AA	
Group Buster's 		23 9:30am NHS Nurse Is In/Blood Pressure 10:00am Building and Grounds Meeting 10:00am NHS Exercise 11:00am NHS Community Connection 11:30am CANMN Set-up 5:00pm CANMN Distribution 7:00pm El Nuevo Despertar AA 7:00pm Up the Creek AA 7:30pm CANMN Distribution Clean-up		24 6:00pm La Voz de Dios 6:00pm Pentecostal Casa Worship 7:00pm El Nuevo Despertar AA		25 9:00am AA Amigos 9:00am CANMN Deliveries 5:00pm Barb S's Party 6:00pm Luz Alas Naciones 7:00pm El Nuevo Despertar AA	
Study Group		30 8:30am Art Camp 2.0 --Erin & Judy 9:30am NHS Nurse Is In/Blood Pressure 10:00am NHS Exercise 11:00am NHS Senior Project 11:30am CANMN Set-up 5:00pm CANMN Distribution 7:00pm El Nuevo Despertar AA 7:00pm Up the Creek AA 7:30pm CANMN Distribution Clean-up		31 8:30am Art Camp 2.0 --Erin & Judy 6:00pm La Voz de Dios 6:00pm Pentecostal Casa Worship 7:00pm El Nuevo Despertar AA		1 9:00am AA Amigos 9:00am CANMN Deliveries 6:00pm Luz Alas Naciones 7:00pm El Nuevo Despertar AA	

BIBLE STUDY WITH PR BRENDA

Wednesdays at 12pm

Online meeting room:

<https://us02web.zoom.us/j/81542792093>



And in-person in the Fireside Room.

7/1	Psalm 145:8-14 Matthew 11:25-30
7/8	Matthew 13:1-9, 18-23
7/15	Matthew 13:24-30, 36-43
7/22	Matthew 13:31-33, 44-52
7/29	TBD

CHURCH STAFF AND LEADERSHIP

Rev. Brenda Froisland, Pastor:

pastor@bethel-mpls.org

Operations Manager:

Regan Saunders

bethel@bethel-mpls.org

Music:

Bernie Asher, Music Director

music2023@bethel-mpls.org

Anne Phillips, Musician

musician2023@bethel-mpls.org

Office Manager:

Kathryn Lewis

office@bethel-mpls.org

Building Facilitator:

Kristian Ask

building@bethel-mpls.org

Assistant Custodians:

Michael Hauge, Kingston Normil

Jaden Watson, Josh Weber

Jester Lewis, and Franklin Wohnoutka

Grant Manager:

Kathryn Lewis

grantmanager@bethel-mpls.org

Finance Coordinator:

Teresa O'Brien

assttreas@bethel-mpls.org

Visitation Minister:

Susan Johnson

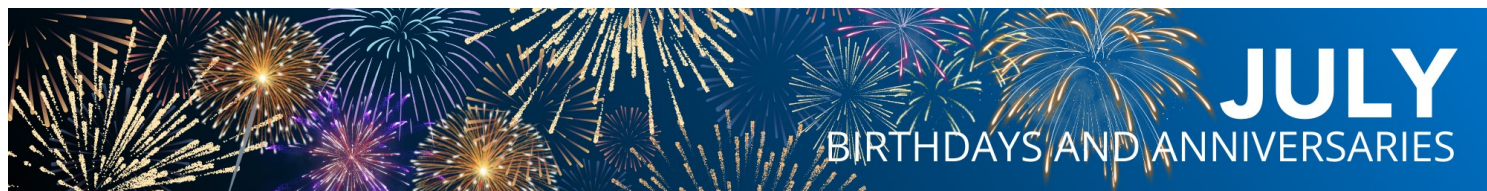
visitation@bethel-mpls.org

For a full list of our staff and leadership members, please visit our website:



SUNDAY SERVERS

Date	Assisting Minister	Lector	Cantor	Sacristy	Ushers	Streaming	Hospitality	Altar Guild
7/5	Anna Olsen	Darlene Olson	Kristin Cleary	Stephanie Johnson	Norris and Jay	Gene and Ted	Clarice Lovstuen	Sharon and Grace
7/12	Susan Johnson	Don Olson	Sarah Berke	Marilyn Newborg	Jayson and Grayson	Gene and Ted	Romell White	Sharon and Grace
7/19	Sharon Rodi	Laurie Hauge	Bernie Asher	Clarice Lovstuen	Susan and Jerry	Gene and Ted	Janet Anderson	Sharon and Grace
7/26	Kristin Cleary	Libby Krogh	Dean Anderson	Marilyn Newborg	Mason and Marshall	Gene and Ted	Ann Allison	Sharon and Grace



Birthdays

Michelle Kevelin	4
Marshall Cannon	7
Bruce Gramentz	8
Sam Hoover	8
Doug Contoski	11
Ann Allison	15
Jayson Spence	15
Mary Thone	15
Cole Mann-Entzel	16
Romell White	16
Alice Evenson	19
Braxton Pikkarainen	22

Jill Hult	24
Barb Saunders	25
Colby Simons McDaniel	28
Ella Soderberg	29
Kay Newborg	30
Teddy Gaines	31

Anniversaries

Jill and David Hult	12
Mike and Gloria Condon	12
Les and Becky Johnson	13
Sue and David Dorumsgaard Ayers	31

Join us for our free COMMUNITY FUN NIGHT

DINNER AND DANCE NIGHT

Thursday, July 9, 5:30pm-7:30pm

5:30pm Picnic BBQ Dinner

6:15pm Dance Lesson



BETHEL LUTHERAN CHURCH | 4120 17th Ave. S., Minneapolis, MN | bethel-mpls.org



- We are a Reconciling in Christ Congregation.
- Why a Public Church? To impact and enhance the community so that everyone feels a sense of love and belonging.

for these events at Bethel

9 Community Fun Night

Collecting School Supplies for Backpacks

20 Sunday School Begins

25 Trunk or Treat

19 Give to the Max Day

12 2nd Saturday Concert

Stay tuned for more information on these events.